

JUNE 2003

Draft

MONTHLY NEWSLETTER OF THE

RIDE RIGHT AMBASSADORS NEEDED

A lot is happening in RIDE RIGHT Central. Several hardy souls rode the purported toughest day of RAGBRAI XXXI - Bedford to Osceola. The route looks great. I can guaranty you will love the section of road on highway 69!

We need to get our group of Ambassadors lined up for this year. Ambassadors will work one of two days of the ride to act as hosts and hostesses for RAGBRAI and Iowa. Basic knowledge of RAGBRAI, the ability to talk to people about RAGBRAI, and how to find the basic services (Where is the next bike shop? How do I get to the campground? And so on!) For volunteering your services you will receive a fashion designer (O.K. so it was Jim Green and I that picked it out and we are both color blind and have no fashion taste what so ever!) Jersey. The Jersey will be one of only 36 made and will identify the wearer as an Ambassador. If you would like to volunteer for a couple of days send me an email with your jersey size, the days you can help (Don't all pick the first two or I will have to assign!), a brief statement of why you want to help out and your return email and mailing address. (Email: dmckay@mckayinsagency.com). You will enjoy the experience and you will be helping to make RAGBRAI a better event!

IMPORTANT MEETING NOTICE FOR RIDE RIGHT COMMITTEE MEMBERS:

We have reserved time on the Iowa video conferencing network for our final preparations for this year's RAGBRAI. The meeting will start at the reserved conference centers at 7 p.m. on Tuesday, June 24, 2003. We have reserved the network for two hours, however, I intend to get everything done fairly quickly and feel that an hour may be enough. Topics to be discussed:

- Rider care on the road. How do we get people to pay attention (Number one cause of injury - inattentive riding!)
- Distribution of Organ Donor cards. Use your head on this one!
- Community assistance - Any of the pass through or overnight towns that have special challenges in their communities. Lets help them out!
- Riding the route - have you ridden any portion of the route this year? Any special challenges that you have found? Any roads we need to be aware of that could present special hazards?
- Awards - Rider Cup and RIDE RIGHT Awards.
- Special information! Ambassador program.

The location of the network sites will be:

Mason City, Iowa City, Ames, Council Bluffs, Cedar Falls, Cedar Rapids, Marshalltown, Fort Dodge, Dubuque, Knoxville, Davenport, Des Moines
Please let me know what site you will be attending. We want to make this as convenient as possible, however, if we can reduce the number of sites we will do so. Please RSVP with the name of the site you are attending and I will get back to you with the exact location of the facility. Email: dmckay@mckayinsagency.com
Hopefully you have had an opportunity to enjoy some great bicycling this spring. Get those miles in - You'll enjoy the last full week in July a lot more if you are in shape! Happy Trails!

Dan McKay, RIDE RIGHT Sofa (I am much bigger than a Chair!)

— Dan McKay, State RIDE RIGHT Committee Chair

UPCOMING EVENTS

Chariton Classic
June 21

Tri County Woodlands
Bike Tour
Rathbun Dam
June 21

MS150
Altoona
June 28

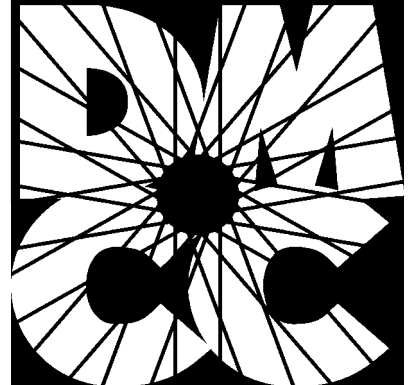
Forty on the Fourth
Des Moines
July 4

Hiawatha Classic
Perry
July 5

Cycle For Sight
Ankeny
July 13

Iowa Games Mtn Bike
Race
Ames
July 19

DES MOINES



CYCLE CLUB

PRESIDENT'S MESSAGE



Message from John Cisar (Lori's cycling partner)

In Case You Haven't Heard...

There's A New Leporte On Earth

Hey All, If you couldn't tell from all the screaming coming from the general direction of Mercy hospital, Lori gave birth to a 6 pound 15 ounce bawling, pooping, peeing bundle of hair who arrived on Earth Thursday (May 22) at High Noon. Yes, Lori finally popped out a boy. Everything went smoothly, although she will claim she was in labor for 2 weeks (and that figure will grow over time). She's at Mercy, room 383 if anyone wants to call or visit. (I've been requested to bring her pie from Bondurant.) She's also asked me to come take a picture to send to everyone, but I won't subject you to that until I've actually seen the kid. :-)) Please pass this info along to anyone who might be interested, as Lori would like as many visitors as possible - since her life is basically over now. :-))) -John

Draftlines

MONTHLY NEWSLETTER OF THE DES MOINES CYCLE CLUB

Draftlines® is published monthly by the Des Moines Cycle Club. Cycling related stories, photos, information, or other contributions are welcome, and must be received by the 1st of the month for the next issue.

Submissions for Draftlines can be sent to Joni Siebenlist, Editor, at 8784 95th Ave., Indianola, IA 50125, or e-mail DMCCclub@peoplepc.com.

Draftlines classified and display advertising must be received by the 1st of the month prior.

Correspondence to the Des Moines Cycle Club can be sent to P.O. Box 13258, Des Moines, IA 50310, or e-mailed to DMCCclub@peoplepc.com.

DMCC INFORMATION

For news on upcoming rides and other events, visit our newly updated website at <http://www.dmcycleclub.com>.

2003 Board Members

LORI LEPORTE, President
287-5556 or

greenbikespike@mchsi.com

MIKE RANSOM, Vice-President

961-8478 or mykbyk@peoplepc.com

TOM PHILLIPS, Secretary/Treasurer

277-7041 or tphil10007@aol.com

JONI SIEBENLIST, Ragbrai
coordinator

961-7359 or dmccclub@peoplepc.com

DUANE BAIN, Membership

964-7322 or bikerduane@att.net

PAUL BLACK, Ride Chair

255-6194 or pblackleo@msn.com

Doghouse Racing BMX Team,

Newsletter Editors

961-5859 or

doghousebikes@mchsi.com

JOE TRAGESSER, Race Team

255-7579 or tragesser1@mchsi.com

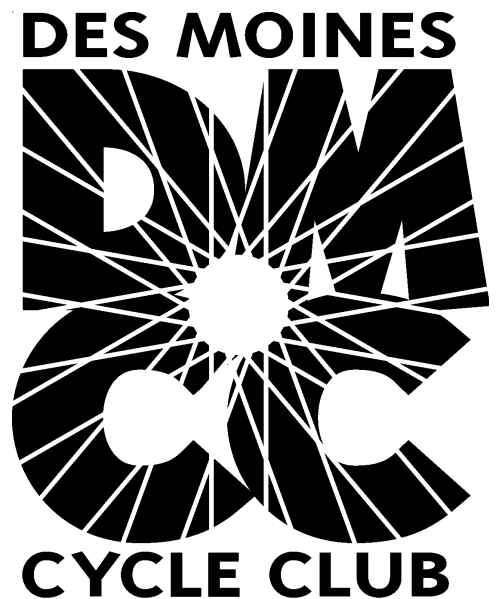
MARK GARNER, Web Master

224-0190 or

markdavidgarner@hotmail.com

Doghouse Run I

32 riders came along for the inaugural ride on a hazy Saturday morning, as cool temps turning into a nice day met the eager riders. All enjoyed the Summerset trail, with most riders opting for the whole route of rolling hills of Warren Co. The afternoon brought cloudy skies but the rains held off until riders were back, fed, and prizes given out. Burgers on the grill accompanied by salads, baked beans, chips, and pop greeted the hungry riders on their return to the Doghouse. The grand prize winners of 2 PI jerseys were Meg Jefferies, and Karen Berg, with several others winning various biking accessories. I want to thank Lori LePorte and Mike Moseman for their help with the ride. (I really appreciate it!!) And of course Doghouse Bikes for supplying the great prizes. Everyone had a great time and looking forward to next year's Doghouse Run II.



Would you like to receive your newsletter via email? It would arrive in a PDF file (open with Acrobat Reader). If this sounds good to you, please email a request to dmclub@peoplepc.com

New NBL BMX Race Team in Des Moines

With the opening of the NBL BMX track in Ewing Park in August of 2001, it was only a matter of time before Des Moines had it's own National Team. In November of 2002, Doghouse Racing made it's debut at the Thanksgiving National BMX race in Morristown, TN. The team has come a long way in a few short months. In February, the team won 1st and 4th on a National race weekend at the Waterloo, IA indoor track. On June 7,8, the team tied for 1st both days at the Speedway National race weekend in Moline, IL. So far the team has become known for it's high level of sportsmanship, the largest team in the country, the team with the most female members, and the team with the widest range of ages, from 4 - 55 years old. Doghouse Racing's sponsor's are: Doghouse Bikes, J.F. Ahern Co., DMOS Race Team, Al Boone, DDS, Paul Wilson Enterprises, Taco John's of Indianola, Des Moines Metro BMX, Hot Shoppe Design Factory, and GT. Look for rider's profiles in the coming issues of Draftlines.

DMCC's President, Lori LePorte, serves on the Des Moines Bicycle and Recreational Trails Advisory Committee. A lot of trail construction and repair is in the works. See the table below for an update on these projects.

City of Des Moines Parks Department Trail Master Plan Projects for 2003-2009 (Plans are subject to change)

TRAIL SEGMENT	APPROX. LENGTH (MILES)	ACTION STEPS	PROJECT START	PROJECT COMPLETE
Gay Wilson Phase III (Easton-Hubbell)	1	Final Design, Bid, Construct	JUL '02	SEP '03
Walnut Creek Phase 1A-1B (Center-Grand)	1 1/4	Align ROW, Final Design, Bid, Construct	JAN '03	MAY '04
Walnut Creek Phase II (Grand-N. Valley Drive)	1 1/4	ROW, Final Design, Bid, Construct	JUL '02	NOV '03
Walnut Creek Phase III (Levee-Bill Riley-Water Works-Gray's Lake)	2	Design, Bid, Construct	JUL '03	AUG '04
Riverpoint	2	Align ROW, Design, Bid, Construct	JAN '03	DEC '03
Des Moines Riverwalk	1 1/4	Design, Bid, Construct	JUL '02	JUN '04
Fleur	1/3	Design, Bid, Construct	SEP '04	SEP '05
Izaak Walton	1/3	Design, Bid, Construct	JUL '04	NOV '04
Johnston (Douglas-Aurora)	3/4	Design, Bid, Construct	JUL '06	JUN '07
Waveland Phase I	3/4	ROW, Design, Bid, Construct	JAN '06	NOV '06
Waveland Phase II	2	Design, Bid, Construct	JAN '07	NOV '07
Waveland Phase III	2	ROW, Design, Bid, Construct	JAN '08	JUN '09
3 Lakes Phase I	3 1/2	Design, Bid, Construct	SEP '08	SEP '09
Bill Riley - Resurface/Widen		Design, Bid, Construct	APR '03	AUG '03
John Pat Dorrian - Resurface (Hawthorne-Court)		Design, Bid, Construct	APR '04	AUG '04

(ROW=Right of Way)

DMCC/DMOS/Mortgage Solutions Race Team Rider Profiles:

Name: Marc Hollander **Nickname:** Marco **E-mail:** marchollander@crosspaths.net

Place of Birth: Newton, Iowa **Place of Residence:** Des Moines, Iowa

Birthday: 6/14/74 **Height:** 5'8" **Weight:** 142 lbs

Road CAT: CAT 3 **MTN CAT:** EXPERT

Occupation: Marketing Manager, Storey Kenworthy/WorkSpace Inc/Business Furniture Warehouse

MY BIKES: Mountain: Trek 8000 (POS) Road: Fuji Professional (Secretary) Cross: Airborne Carpe Diem (Bok Choi)

Other: Waterford 1200 (Speedy), Trek T50 Tandem (Frankentandem)

BIKING QUESTIONS

What will be your most important race/event for 2003?

Name: State Criterium **Date:** 8/26/2003 **Location:** Des Moines, Iowa

Why: Hometown race - we want one of our own winning the whole thing!

Why did you start biking competitively?: Because I thought if Scott Ralston could do it, I could, too. He's kicked my ass ever since. I'd probably quit if he quit, too.

I have been cycling since: My first crash.

Favorite pro cycling team and/or rider is: Interestingly enough, it's Todd Wells or Tom Danielson... they're both pretty funny guys to watch on their personal websites.

How many bikes do you own? why? One too many. I had nearly fifteen when Mandy & I bought our first house.

Any bike related injuries? Always one or two that I'm nursing.

What was your best time on a bike? Winning the Iowa Games road race in a 52-mile breakaway in 2002.

What was your worst time on a bike? Crashing on Memorial Day in 2001. It was difficult to see a friend get hurt badly in a crash.

What do you consider your strength? Unpredictability. That's what keeps it interesting for me.

What is your favorite type of race? Road races, flat, fast, non-technical crits or cyclocross races.

NOT BIKING QUESTIONS

If you could be a pro in any sport what would it be: Definitely cycling - there is something romantic about someone getting not getting paid sh*t to do what they love.

Do you have any pets? Toby, a Border Collie; Murphy, a mutt; and Jeffrey, a cat. They're awesome!

Do you have any pet-peeves? Self-centered individuals.

Someone I look up to... why? My dad. He's 6'7" and is a very well-rounded individual.

What was your first competitive sport? Baseball sucks.

What is your favorite TV show? Seinfeld

What is the last movie you saw? X-Men United. I watch a movie every other day.

What is the last book you read? Currently reading about Mallory on Everest and George Orwell's Animal Farm

What is your favorite band/singer? Live recordings of Lyle Lovett or Ben Harper get me fired up. Trey Anastasio is a stud, too.

What is your favorite food? George Formaro's South Union Bread, especially Garlic Focaccia, Italian loaf or Ciabatta.

If you could live anywhere. I've come to really appreciate Des Moines. I realized that if you want something in this town, a DIY attitude will get it done.

I like cyclocross, so I started a fall cross group ride and a few races to satisfy my cravings.

Hobbies/Interests other than cycling... Travel - New York, San Francisco, Paris are all a flight away. Colorado is way fun, too. Cooking, eating & drinking wine. Watching movies. Hiking with Mandy & the boys.

Tell a joke or funny story. I met my wife by hitting on her in a History class at Iowa State University. I think that is amusing.

NOTES: My mantra is "Every ride is a good ride."

I've assumed that after I had emergency surgery for Crohn's Disease in 2000. It works pretty well.



CLASSIFIED ADS

Classified ads are free to DMCC members and \$10 for non-members with a 50 word maximum. Ads will run for 3 issues and will be deleted unless Draftlines is notified to continue the ad. Place an ad by calling Draftlines at 515-961-7359 and leaving a message, or e-mailing to dmclub@peoplepc.com.

Answer Fork:

Answer Warlock 20" BMX fork. Limited edition gold anodized. Used for 3 months. \$100 Call Adam Boone @ 515-961-7825

Free Agent Expert:

2002 Free Agent Expert BMX bike. 19" top tube, red & white. \$175. Call Abby Boone @ 515-961-7825.

Marzocchi Sinister

Pro-lite Fork:

1 1/8" steerer tube, black, 936 grams, for 20" BMX bike. \$125. Call Sierra Siebenlist @ 515-961-7359.

Cruiser Wheels:

24" bmx cruiser wheels, new. Sealed FA freewheel hubs, stainless steel spokes with Rhino lite rims with tires, tubes, rim tape. \$100. Call Abby Boone @ 515-961-7825.

Ritchey WCS Road

Handlebar & Stem:

Brand New, Superlight, black, \$80. Call Andy Boone @ 515-961-7825.

1999 Trek 5300

56 cm (52 cm c-c) Carbon Fibre, Ultegra triple crank, Rolfe wheels, Clipless pedals, Flight Deck, Rack, Excellent condition. Call Don @ 515 278 2215

Vision 44 recumbent

Silver, day bag, mirror, new: June 2000 for \$1,840 + tax. Light use: \$920. 515 255 0798 Jon Ericson

Litespeed Titanium Blue Ridge

49cm, spingery spox wheels, shimano ultegra, Flight Deck computer, back rack. Bill or Ruth 369-8090.

Borthwick Tandem

new silver/gray paint, medium size, 3 sets of wheels built by Ernie Fisher using Phil Wood hubs - 36 hole, 40 hole & 48 hole. Call Ernie for more details...226-0172.

Elkhart Individual Time Trial Series

This will be a 5 race series on Thursday evenings. Perfect for that after-work race!

Hope to see everybody there. We're still looking for a handful of volunteers.

Where: Elkhart, Ia (NE of Ankeny). From I-35, take exit #96 and head east 2.5 miles. Park in Softball complex parking lot.

Distance: 12 km, out-and-back

Dates: (Thursday evenings) April 17, May 8, May 29, June 19, July 10

Entry fee: \$10

Registration opens at 5:45, racing starts at 6:30

Sponsored by: Doghouse Bikes, BikeWorld

For complete details, see the flyer at www.dmcycleclub.com

Contact Information: Ross Schuchart, ross_schuchart@yahoo.com, 515-963-0937

What is a Time Trial?

A time trail is a timed event on an open road, where the cyclist competes against the clock.

The purpose of the series is to help the individual rider show improvement over the course of the season. With each race, riders should feel stronger, more confident, and hopefully show improved times!

Time trials are great for sport cyclists, triathletes, and those wanting to improve their general fitness.

Interested in advertising your business in Draftlines?

Display ads furnished camera-ready are \$40 per issue for a full-page (7"x10"), \$20 for a 1/2 page (7"x5"), and \$10 for 1/4 page (7"x2 1/2").

Des Moines Cycle Club Membership Application

- 1. Memberships run from January through January and include 10 issues of *Draftlines*, the club newsletter
- 2. Annual membership fees are: Family: \$20 and Individuals: \$15
- 3. Mail appropriate amount and the completed application to: Membership, Des Moines Cycle Club, P.O. Box 13258, Des Moines, IA 50310-0258

Circle One: Family Individual Circle One: New Membership Renewal
 Names of all family members included in membership (Please print).

Address _____ City _____ State _____ ZIP _____ Phone _____

E-mail address _____

Riding Interests: Circle all that apply
 Racing Mountain Recumbent Tandem RAGBRAI® Volunteering

THE FOLLOWING WAIVER MUST BE COMPLETED AND SIGNED FOR ALL FAMILY MEMBERS:

LEAGUE OF AMERICAN WHEELMAN ("LAW") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AND PARENTAL CONSENT AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in the Des Moines Cycle Club ("Club") sponsored Bicycling Activities ("Activities") I, for myself, my personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of bicycling activities and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the Activity and upon which hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. FULLY understand that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS") (b) these risks and dangers may be caused by my actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMICAL LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE AND COVENANT NOT TO SUE the Club, the LAW, their respective administrators, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered on of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED ON WHILE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OF OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may occur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE. I INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Printed name of participant(s): _____ SEE ABOVE _____

Address: _____ SEE ABOVE _____ Date: _____

Participant's signature(s): _____

Parent/Guardian signature (if participant is under age 18): _____

Draftlines

MONTHLY NEWSLETTER OF THE DES MOINES CYCLE CLUB
P.O. Box 13258, Des Moines, Iowa 50310-0258

June 2003

Inside.....

Race Team Profiles

Doghouse Run 1 pics

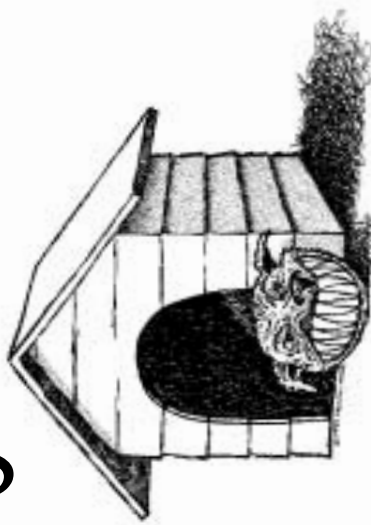
*Ride Right Ambassadors
Needed*

Printing for Business

IMPAC

312 6th Avenue
Des Moines, IA
244-5000

Doghouse Bikes



403 E. Euclid Avenue - Indianola, IA 515-961-5859

www.doghousebikes.com